

GEAR CHECKLIST

- Helmet with full cage
- Mouth guard (optional but recommended)
- Neck guard (optional)
- Shoulder Pad/Chest Protector
- Elbow Pads
- Gloves
- Skates
- Hockey Pants
- Hockey Stick(s)
- Shin Guards
- Pelvic Protector
- Garter belt or shorts w/velcro
- Hockey Socks
- Practice Jersey
- Hockey Bag
- Water bottle
- Stick Tape (optional)
- Sock Tape (optional)

